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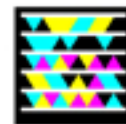
March 2010

RADIO EAR NETWORK

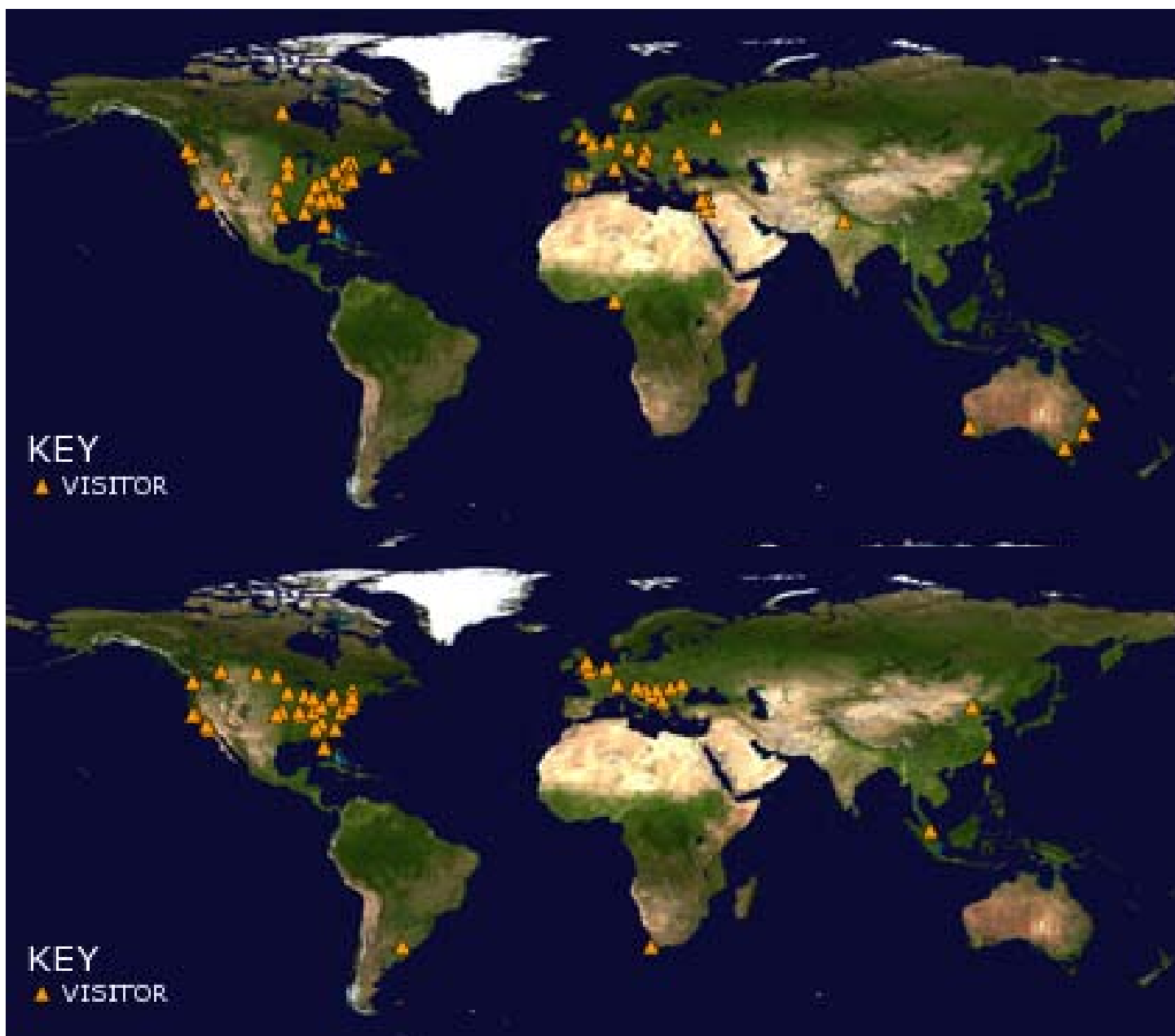
Radio Ear Network
Europe



Global Reach
Local Impact®



The official digital magazine for the "We All Live Here" Global Community



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What The Hell Is Wrong With You.

The world seems to be on the fess at the moment, earthquakes and bombs, what the hell is going on. Did anyone stop to think that maybe Mother Earth can only take so many blasts before she reacts.?

I read the paper, look at the news, view online and 85% of the stories are what is wrong with us as a planet...

Stop and think is it the planet or the people who we listen to?
Do they have all the answers?
Do they have the best interest for your family in mind?

The one thing I know about Mom Earth is that she will adjust to the issues mankind brings to her and there is more to come from her.

Joseph Dobzynski

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I'm 1 of 4,000 New
teens every day who
take their first step
towards suffering A
heart attack
or stroke.
I smoked
my first
cigarette.



You have the chance to empower the Food and Drug Administration to regulate cigarettes and protect our youth. Heart disease and stroke are the nation's No. 1 and No. 3 killers and one out of every three deaths caused by smoking is related to cardiovascular diseases. Yet the tobacco industry and its deadly products remain unregulated.

Pass the Family Smoking Prevention and Tobacco Control Act.



American Heart Association | **American Stroke Association**

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Writers Have something to submit that can be used by the global community? Tehn submit it to Michele Michael ArticleEditor@amanatee.com Your submission needs to be under 500 words including your resource box. Images can be submitted but may or may not be used depending on space.

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an Hour a Day!*



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www.smallstep.gov



Spring Is In the Air

Carole Kay

Do you really believe that Spring is in the air? Surely doesn't feel like it with the long, cold winter we have had here in Florida... and all over the USA. We really could use some global warming for our beloved snowbirds... and my feet.

Spring is travel time whether you are a mature couple, a young energetic family, or young college students running away from the books, professors and snow looking for some sun and a tan to take back home. Florida usually offers that nice warm get away for all but this year there have been cold mornings, cold afternoons and very cold nights. But don't be discouraged, Spring is in the air and a few brave birds are singing early in the mornings.

This month I want to share some vacation tips to help you avoid travel mistakes that may cost you extra money.

First, when booking travel reservations online consider booking the air and hotel as a package. This alone can save you up to 70%. If in doubt, try booking each separately and then compare it to the package deal. Last month I booked my round trip air to Las Vegas with 4 days 3 nights in the Paris Resort. My total package with air, resort stay and taxes was \$327. The airfare alone would have been \$288 without the hotel cost on top of that price.

Next, review immediately every reservation you make online or offline. If there is a problem, call the airline immediately. Usually you will find a toll free number at the bottom of your printed itinerary. Don't wait! Make that call! Also, make sure the names are spelled correctly. Airlines may refuse to make reasonable name change to correct an obvious typing error. Be polite and humble and you will receive more understanding and help. For overseas travel the name on the ticket must match exactly the name on the passport.

Another very wise and important decision for travelers to make is whether to buy cruise insurance or travel insurance. One woman missed her cruise because of an airline delay. So I recommend cruise insurance plus arriving a day early so you won't miss that cruise or tour. This will also allow you to do some site seeing at the city of departure and eliminate stress that comes from flying in to the port on the day of departure. Now for this woman who missed her cruise... she could have made a claim on her travel insurance — if she had it. She didn't

Next, many will rent a car while on vacation. Be sure to make note of any and all damage to the vehicle before you drive off or better yet, take pictures of any damage you see before driving off. Make sure an employee is there to sign off on a car. On return, you don't want an agent to inspect the vehicle and notice a tiny scratch on the passenger door and claim that you are responsible for that scratch. For your protection, and the protection of your wallet, note any damage, even the smallest dent or scratch

When booking a hotel check to see if it charges a resort fee. Many hotels in Las Vegas charges a resort tax fee. Planet Hollywood in Las Vegas has a mandatory \$4.99-a-night fee to covered phone calls, in-room bottled water and “additional inclusions”. I am not sure what would be considered “additional inclusions”. Maybe it’s their way of making more money.

One last item that I want to touch on concerns passports. I read that the cost of passports is going up for all new and renewal passports. Even children’s passports are going up in price.

So now is the time to quickly get that passport that you have been saying over and over again that you need to do. Print off forms from the government website or download forms from the author’s website. Get two passport photos taken, fill out the form with a money order for the costs and get it mailed today. Those travel cards for non air travel are also going up in price.

What else will be going up? Wish it were the Florida temperature and our pay checks but the “powers that be” don’t seem to think about your pocketbooks.

Do enjoy the new, fresh season we are now entering. Don’t forget to take advantage of the specials that are available. Remember, you deserve a vacation! You worked hard for it.



About the Author: Carole Kay is a retired educator with 38.5 years in education and a world traveler visiting over 30 countries. She has worked in the travel industry for 17 years. Carole started her own online travel business in 2003 after thousands of brick and mortar agencies closed. Her travel site, www.MonacoTravel.us, is powered by Travelocity’s World Choice, and offers more than air, cars, hotels and cruises. The site also includes Flowers, Golf Packages, free Honeymoon Website Registry, Concert Tickets, Sports Tickets, Broadway Shows, Restaurant.com and much more. Carole trains others to have their own home based Travel Business, to save on yearly taxes, to travel and to shop ZamZuu with money back. Carole is the host of “Travel Wise” on The RadioEarNetwork.com Tuesday’s at 4 PM eastern time, and is the official Travel Agency for Radio Ear Network. She is available to speak to your group and organization. Travelwise4pm@aol.com

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YOUR GPS TO THE FUTURE

Mary Wolf

Well, there went February, and those doldrums are still here! We continue to experience it in our economy, political landscape, healthcare dilemma, real estate and job markets, and even our weather. And you wondered how much it can *really* snow?! Surprise! What in the world is going on? And..we are still in the water splashing around. Maybe the Olympics' are a significant indication of how strong we really are, and that we truly are winners.

But...what does it really take in our businesses? Do the words Creativity and Innovation mean anything to you? Because, that is *exactly* what it takes. Our world has turned upside down and so we 'cannot solve our new problems with the same thinking that got us here'.* We are no longer on the upswing, but in the downhill race to the finish. So, polish up your creative juices, figure out what it's going to take to innovate these new ideas, and *get moving!*

Markets are widened by fulfilling these new needs, which tends to stimulate even newer ones. Responding with speed and intensity is the name of the game. The ability to shift your resources and focus on new areas can create an instant competitive advantage. And, remember, big companies are more sluggish in their ability to make changes. Take advantage and take calculated risks! Stay ahead of the curve or be left behind. Think Apple, Netflix, and those companies that keep reinventing themselves and blowing the lid off of the market. You can do it too! Yes you can!!

The internet and cable TV cannot satisfy the increasing demand for personalized items and options. **YOU CAN!** There is evidence of an escalating demand for diverse products and services that need to be provided in smaller quantities. Does this grab your attention?

We have done enough looking in the rearview mirror! **STOP** looking at your spreadsheets, and **START** spending your time, money and energy on Think Tanks and innovative ideas, then turn them into real products and services. How creative can you be? Why don't you find out?

Be open to the future. Our country has always been visionary. It was founded on that and it is in our USA/DNA. Your grandfather's did it, so it's also in your DNA! Don't sit on the sidelines and watch the parade go by. What part will you play? Partner up; form alliances and make it happen. How can you compete in a superfast world? Create a culture of innovation in your realm of influence. Use the diversity that is around you for fresh, new ideas – *age, cultural and racial differences, genders, different professions, creative designers/artists/animators, etc.* Stop playing defense. It's not just about cutting costs; it's about creating new opportunities.

How are you selling? Can you do it differently? Do you make it easy to do business with you? Does your entire business model need to be updated? The real risk is **DOING NOTHING!**

Efficiency comes in small packages; you are close to the action and know what it takes to build a stronger, more vibrant, and maybe even different looking business. The time is **NOW** and has never been better. The old ways are crumbling, but take a lesson from nature, that is just compost for new, stronger, more vibrant growth. Go for it!
*Albert Einstein

About the Author: Mary Wolf president of Mary Wolf Enterprises, LLC

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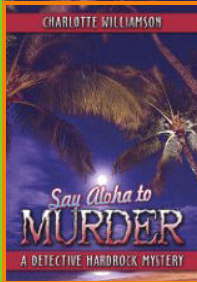


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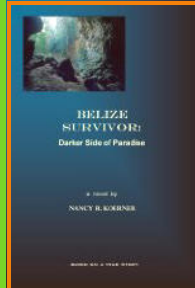


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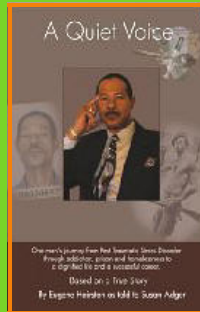
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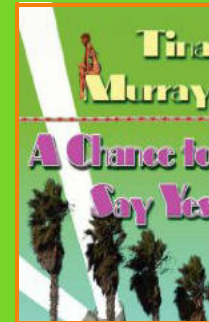
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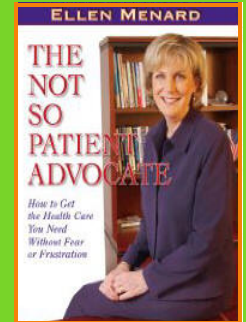
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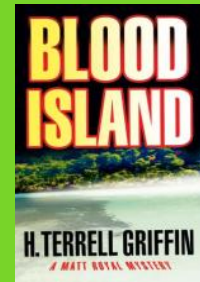
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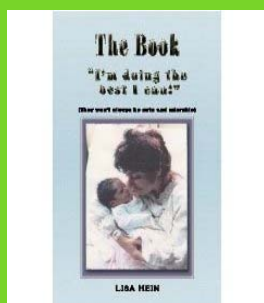
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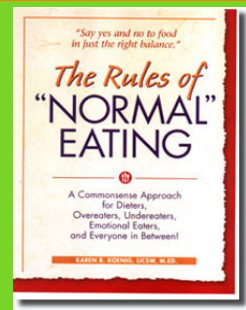
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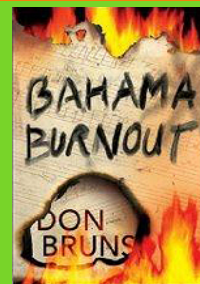
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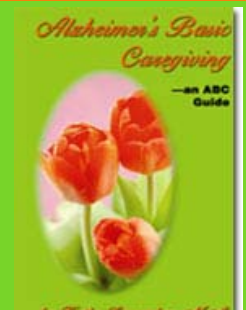
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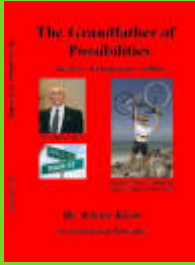
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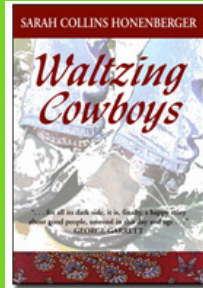
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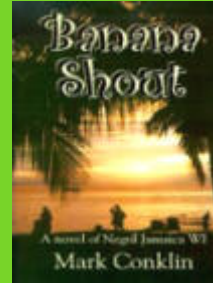
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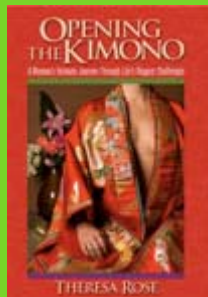
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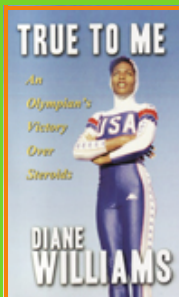
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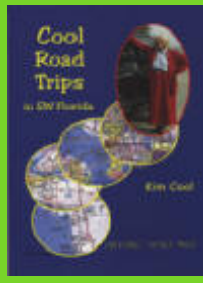
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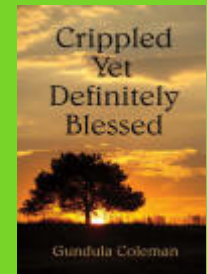
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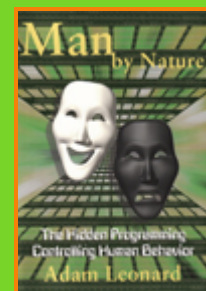
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Crippled Yet Definitely Blessed



Adam Leonard

11 Tips to an Organized Job Search

Lisa Montanaro

So, you are searching for a new job? Perhaps you are making a voluntary career transition. Maybe you have been laid off, or worse, fired. Regardless of the reason for your job search, one fact remains true: if you are conducting a job search, it is vital that you take an organized approach. Managing your job search is just like managing any other major project. You must create an infrastructure that allows you to operate in an efficient and productive manner. A successful job search requires forethought and action. Here are some tips for conducting an organized job search.

1. Declutter and Pre-Purge - If you are embarking on a job search, it will be difficult to do so if your physical space is covered in clutter with piles of papers everywhere. Take some time to declutter. Purge any unnecessary items, file papers that you need to keep, recycle junk mail, and get some order back into that space! It will be easier for you to concentrate on your job search without all of that chaos and clutter around you. Just be careful that you don't spend too much time decluttering that you start using it as an excuse to procrastinate with regard to your job search. A few days should suffice.

2. Create a Job Search Schedule - Let's face it - searching for a job is hard work! If you are still employed while you are conducting your new job search, be prepared to have an extremely busy schedule. If you are currently unemployed, realize that you do, indeed, have a job - conducting a job search! Create a job search schedule that gives you ample time for all of the activities you need to focus on in order to succeed: resume and cover letter preparation, surfing the web for jobs, networking, interviewing, follow-up, etc. Block out time in your calendar for job search activities and treat that time as you would any traditional work commitment. Be consistent in the amount of time you spend each day and week on job search activities so that you keep your momentum going, and don't lose focus and miss valuable opportunities.

3. Get Your Gear in Order - Update your resume, cover letter, references, and writing sample (if applicable). Ask for letters of recommendation and testimonials from previous or current supervisors, co-workers, and professional colleagues. Get some nice new stationery, and stock up on print cartridges for your printer. If you want to use an outside source for printing, some local printing shops will copy resumes for free during an economic downturn, so ask around! Be sure to have a computer with high-speed Internet access. An all-in-one machine for printing, copying, faxing and scanning will also come in handy during a job search.

4. Create Job Search Central - Set aside space at home (or wherever you will be conducting your job search activities) and make it job search central. Keep all of your job-search related supplies in that location, which will make it easy for you to find them when you need them. This will also help you to get into job search mode when you are in that space.

5. Create a Job Search Paper Management System - You may be acquiring a lot of paper in your job search: resources, articles, sample resumes and cover letters, business cards of networking contacts, contact-us-later or rejection letters, etc. To the extent that you can maintain these items in a paperless fashion, go for it. But if you have to maintain hard copy paper, be sure to create a job search paper management or filing system, to be stored in your job search center. Keep it simple and use whatever system makes the most sense to you for ease of use (binder, portable filing bin, traditional filing cabinet, etc).

6. Plan Job Search Activities - Plan out job search activities on a daily basis, such as phone calls to make, resumes to send, online applications to fill out, informational interviews to conduct, etc. Write down your job search activities as calendar items, to-do's, or tasks so that you take them seriously and treat them as measurable goals. Be realistic with regard to what you can reasonably accomplish in one day, but also challenge yourself!

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7. Track Job Search Activities - Organizing your job search involves keeping track of all information and communications. Keep a record of where you sent your resume and when, whom you have spoken to, when interviews took place, etc. This information will prove vital when deciding when to follow-up with leads. You can track all of this information using a calendar such as Outlook or Google, or an online tool such as JobFiler.com. Whatever tools you use, it is important that you be able to track the status of your job search.

8. Manage Job Search Email - In today's world, much of your job search will likely be conducted by email. Therefore, before you even start your search, whittle down the amount of email in your inbox so that you can hyper-focus on your job search emails, which will add up quickly. Create folders within your email system using categories that make sense to you, such as Companies Applied To, Contacts Submitted Resumes To, etc.

9. Polish Your Online Profiles - If you are conducting a job search in today's market, you would be remiss not to develop an online presence on social media sites, especially LinkedIn, which is the most "professional" of the social media sites and can essentially serve as your online resume. But also consider other social media sites such as Facebook and Twitter. The opportunities are endless for employers and contacts to find you online. You may even have your own website, e-zine, or blog. Maybe you post articles on various article-marketing sites, or serve as a guest blogger on other blogs. If you maintain profiles on any of social media sites, or have any type of online presence, be sure to polish your profiles so that they promote the image you want potential employers and contacts to see.

10. Change Your Greetings - Change the message that greets callers for any phone number that you plan to use for your job search so that it sounds professional, and conveys the information you want callers to hear. Be prepared, not embarrassed!



11. Stay Positive - The longer a job search takes, the more chance you have of becoming negative about it. Try to maintain a positive attitude to the extent you can by monitoring your progress and staying active in your search. When the going gets rough during a job search, many people take a back seat and give up, which is counter-productive. Try to stay focused and make valuable contacts that are likely to lead to a job. However, don't be all consumed by your search for a job! Maintaining some balance in your life at this time will serve you well. Get adequate sleep, eat well, see family and friends for pleasure, and make time for exercise.

Organization is one of the single most important things you can do to keep your job search manageable. Just like being organized helps you improve any other area of your life, home, or work, it will also help move along your job search in quick and efficient fashion and with less stress. It may even wind up being the key to finding that dream job you always wanted.

Good luck!

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About the Author: Copyright 2009. Lisa Montanaro, "The Solutions Expert," is Principal of LM Organizing Solutions, LLC, a professional services firm created in 2002 that offers professional organizing, business and life coaching, and motivational speaking to individuals and organizations. Lisa publishes the monthly "DECIDE™ to be Organized" e-zine for the general public, and "Next Level Business Success" e-zine for professional organizers and entrepreneurs. Subscribe today at www.LMOrganizingSolutions.com. Lisa also publishes the DECIDE™ to be Organized blog at www.DecideToBeOrganized.com. Through LMOS, Lisa helps people deal with the issues that block personal and professional change and growth. To explore how LMOS can improve your home or work environment, or help take your business to the next level, contact Lisa at (845) 988-0183 or by e-mail at Lisa@LMOrganizingSolutions.com.

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Bookatree.co.uk (<http://www.bookatree.co.uk>), an online book shop that plants new trees to replace the wood used in its products, it's purpose is to give everyone a cheap, fast, secured, easy and ethical way to order any book. Thanks to Bookatree.co.uk, readers can enjoy their favorite novel or study book while helping to combat deforestation and climate change without any cost or burden to the customer.

SheKnows Launches Interactive Online Book Club For Women



Bi-monthly Book Club features newly released titles and discussion forums with well-known literary bloggers and authors



Australia's Amanda Stevens Headlines 6th Annual M2W® - Marketing to Women Conference

M2W® Is The Nation's Premier Conference on Marketing To Women

Pollen.com Launches Features to Customize Allergy Information - Top Allergy Web Site Provides ZIP-specific Allergy Information and Diary to Track Symptoms

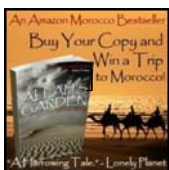
Pollen.com announces features that provide customized allergy information to its users. MyPollen automatically provides users with allergy information based on their geographic area, and the Pollen Diary allows users to keep track of their allergy symptoms.



SmartJobBoard Releases New Version 3.0 of its Job Board Software

SmartJobBoard team proudly announces the launch of the new major version 3.0 of its job board software. This new version was optimized to work faster and improved to simplify the system configuration.

Travel Writer Launches Morocco Dream Trip Sweepstakes



Want to sip sweet mint tea under the stars in the Sahara Desert of Morocco? An innovative author wants to share the love of his favorite country by expanding readers' horizons, literally! Any reader purchasing a new copy of Allah's Garden: A True Story of a Forgotten War in the Sahara Desert of Morocco by Thomas Hollowell on Amazon.com can enter the sweepstakes at Allahs-Garden.com until November 2010.

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From dogs, cats and horses to sea turtles and tortoises, sea horses, iguanas, giraffes, hippos and seabirds, **Morris Animal Foundation** improves the lives of animals worldwide.

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Mentorship

Angela Schaefers

We often think of mentors as those who may take the time to mentor a child or young adult in their personal life. Sometimes the mentor can provide the support and encouragement that the person being mentored does not have access to otherwise. In the professional arena there are mentors within businesses that help peers to achieve success and growth within the organization. Yet when we reflect back on our life experiences we may recognize more than one person at different times of our life that have mentored us. The 'official' definition of mentor is: 'a wise and trusted counselor or teacher'. Hopefully along our life journey we have had at least one, if not more mentors.

There are four women throughout my life that I consider my closest mentors and my dearest friends. They each brought something to my life that at a particular time or during certain circumstances encouraged, supported and inspired me to grow personally, professionally and in my faith. Because of my life circumstances, I can truly say that these women have been my angels, handpicked by God. My childhood was fraught with abuse, neglect and a great deal of aloneness, yet the two women who have played an integral role since my childhood left imprints on my heart that spoke to me that I was valuable, special and loved by them and that is life giving. The other two women who came into my life at later times again gave me that same gift and they all continue to do so to this day. It is not always necessary or appropriate to have a personal and loving relationship with our mentors and sometimes that is simply because they come and go through out our lives. But when you are blessed as I am, you experience something so rich and precious.

Two of my mentors were in my life at various intervals since childhood, one woman since my early teens and the other since I have been an adult. All four of these women share similar traits and values that I admire and have observed in action starting from childhood. They are each witty, smart, talented, faithful, prayerful, loving, kind, generous, respectful, supportive and encouraging. Yet I believe the most powerful observation I have made and have learned to live by is their tenacity. Each of them have come from their own difficult and challenging circumstances, yet each of them chooses again and again to not give up or give in. They are women of great inner strength and like myself, have moments of despair, weakness and even hopelessness yet choose to carry on again and again. Because when we learn from our experiences and our past, both the positive and negative, we accept that the joy will come again following the darkness.

My mentors gave me a valuable gift by teaching me that being faithful in their love for God and in their belief that prayer works, is the key to getting through the challenges of our personal and professional lives. Maintaining our faith and prayer is not always easy and often easier to say or think than to do. Yet when I look back upon my life, I realize the grace that God has poured over me and the strength he has given me when in my own weakness I felt void of. And many, many times God has used these four beautiful women to encourage, support and love me through my challenges. The power in our faith lies in the ability to see how God works through others in our lives.

As a woman of faith, a mother and a leader within my community I believe that everyday we have the opportunity to mentor others by our actions and our words. I am far from perfect or consistent, but my heart is to serve and love others by teaching them about love and grace between one another and from God. I believe we each should find our daily purpose and do our best to live by it, because that is what being a mentor is all about. To mentor someone is to be open to providing them with encouragement and support and what makes my mentors very special is that despite their own ups and downs in life they have always been available to me and to many others. That is something that I strive for in my own life and hope you will too!

Share your story on Your Story Matters radio show hosted by Angela Schaefers
Tuesdays at 9am/EST at www.radioearnetwork.com
find out more about Angela at www.grief2grace.org

About the Author: Check out Your Story Matters hosted by Angela Schaefers Tuesday's at 9 00 am EST
www.radioearnetwork.com to hear some inspiring and encouraging stories!

Getting Started In a Global Community

Joseph Dobzynski Sr.

I get asked a lot of times about the need to understand the global business process. Well I wish I could give you a magic wand to pass over your business to connect to the process, but it is a process.

First thing to understand is the need to understand... I know it sounds like a smoke screen but it is not. Understanding how any process works takes the time to do research into maybe an area of the world that you know nothing about or maybe would like to know about. It is to understand that each business location and the people who work for these businesses are as different as the ones that you work with everyday. I know you are saying there is nothing different about my PEOPLE, but each of your employees is different and that is what you need to know. It is the same in any global community where there is a connection and process for advancing and developing the way your business works as compared to any business in the global community.

I also mention that if you are going to work with global companies then you need to make a visit there or research everything you can about the area, culture and the style of business they operate in. Without this type of information you are certain to fail.

Here is a quick rational view of why this is important.

When you went to college the first time you spent time finding out where your fellow students were from, what their like and dislikes were, did they party or had their nose into the books? Did they have to work to afford the college costs or was it taken care of? You see you have done the research on a local level but the same exists on a global level as well. My bets are you have forgotten how to do that because someone else told you how it was here and in the global community.

Here is an idea to see how well you are versed in working with the global community.

Create a format for a meeting that covers items like, Favorite comfort foods, schooling and the like and dislike of the school or maybe music. But you notice I did not say business or business related topics. That comes after you discover more about your group.

During your week of meetings and crossovers see if you could find 1 person a day who was not born in your county. Then set a meeting to discuss the idea of creating a global community Master mind group in your area. I am sure you will find people from all over the world in your local community... if not move to somewhere else]

Do this with the understanding that once a week your group will meet and just get to know each other. Consider it a UN of Them and You.

After a while turn it loose and see how much they and you can learn without pressures.

About The Author: Joseph Dobzynski Sr. is a big kid who happens to be Chicago born and a experienced and practical Iconoclast innovator for the Amanatee Group LLC. His unique innovated concept techniques and motivational teachings are used by many companies around the globe. He is also the host of the International I-radio show "Innovation Bistro" heard Mondays at 9 am est on 3 networks. For more information on Joseph check out his show page at <http://www.radioearnetwork.com>



BUILDING A FUTURE FOR THE ORPHANS OF KIBERA



The Kibera Slums in Nairobi, Kenya is the largest slum on the African continent. A microcosm of the world's most vexing issues; the Kibera is plagued with severe poverty, insufficient water supply, and the rampant spread of curable diseases such as Malaria and Cholera.



In addition, recent estimates suggest that over 50% of Kibera residents are HIV positive and over one hundred fifty thousand are suffering from AIDS. Whole families have been decimated by the AIDS epidemic causing thousands of children to be orphaned, creating a population disparity within the slums.



The mission of Kibera Foundation is to help ensure a future for the orphaned children of Kibera. We do this, in part, by distributing funds to two sister orphanages which help provide a formal education, proper nutrition and safe living quarters.



100% of every dollar donated goes directly to the orphanage. The Kibera Foundation is a federally listed 501(c)3 and all donations are tax deductible.

We hope you can find it in your heart to help create a better tomorrow for the orphans of Kibera. To learn more, or to make a donation, please visit us online at

www.kiberafoundation.org

Can Spirituality Change Your Life?

Sharyce Arciaga

Spirituality can change your life and bring you to a state of peace, serenity, happiness, hope and most of all joy. How much better would your life become if you experienced these emotions daily?

Understanding your birthright of health, wealth, happiness, joy, and abundance will make a tremendous difference in your life and in your outlook. The universe wants all of this for everyone who has prepared themselves to receive it.

Once you become spiritually aware you will no longer experience emotions of worry, strife, uncertainty, fear, depression, or any of those emotions that render you helpless, if only for a moment. Your thoughts will become perpetually positive and you will become perpetually happy.

The 'higher self' will allow you to come to know that you are more than material possessions and worldly accomplishments. For, what are these things if they do not bring you peace, joy and happiness? And what do they matter if you are not joyful... and instead, your heart becomes hardened by life's injustices?

You will come to recognize that you are an eternal being and that most of what you believe is no more than an illusion of the ego that you do not have to be a part of.

By not having to buy into illusions you will become free from judging others which allows you to be kinder, more loving and forgiving of yourself and others.

It has been said that when you are in remote locations such as the desert, the mountains, the beaches, the woods, or the forest -- that this is a perfect time to commune with and awaken the spirit. If you find yourself in any of these places you can begin your spiritual quest.

Ultimately, you will come to realize that the kingdom of heaven is within. You will stop seeking a supreme being outside of yourself and instead look within for answers. Know thyself will take on new meaning.

You will understand that you were made in the image of God... that you must be like God or that you are God yourself. You will come to understand that you possess the ability to create as your Father does.

Initially, all of this may be a bold and alarming concept for you to accept. Eventually you will begin to slowly assimilate this as being your 'higher self.'

However, the final revelation that should be responsible for sequestering your raging fire into an everlasting burning flame, is that you and your Father are One and ...

That through his only begotten son is your salvation, redemption and atonement...and which thereby contains the knowledge that joins Jesus, your father and your brotherhood as One who all made this universe together.

About the Author: Sharyce Arciaga from [The Spiritual Arc](#) is the Author of this Article. We offer a wide array of resources such as: spiritual music, spiritual e-courses, spiritual e-books, articles, meditations, binaural harmonics, metaphysical supplies, spiritual jewelry, astrology, psychic mediums and much, much more. Stop by and leave your [free listing](#) on our Business Directory.

Whose job will buying local save?

Work with the business community to secure jobs.

Buying Local Saves Jobs

Every \$100,000 spent online with out-of-state companies costs one Floridian a full-time job. In 2008, Floridians spent an estimated \$11.2 billion on Internet purchases, mostly with out-of-state businesses. That adds up to more than 112,000 jobs lost. Source: Manatee Chamber of Commerce

Depending on Service Industries

Retail, construction and accommodations/food service industries are second only to health care/social services in numbers employed. Source: CAFR 2008

Small Businesses Make a Difference

Employment by private businesses and the compensation of the employee's are the basis for Sarasota County's economy. Source: Impacts of Sarasota Business on Sarasota County report by USF College of Business 2008

Unemployment Hurts

The impacts of a 1% increase in employment causes real personal income per capita to rise uniformly by more than 6%. Source: Impacts of Sarasota Business on Sarasota County report by USF College of Business 2008

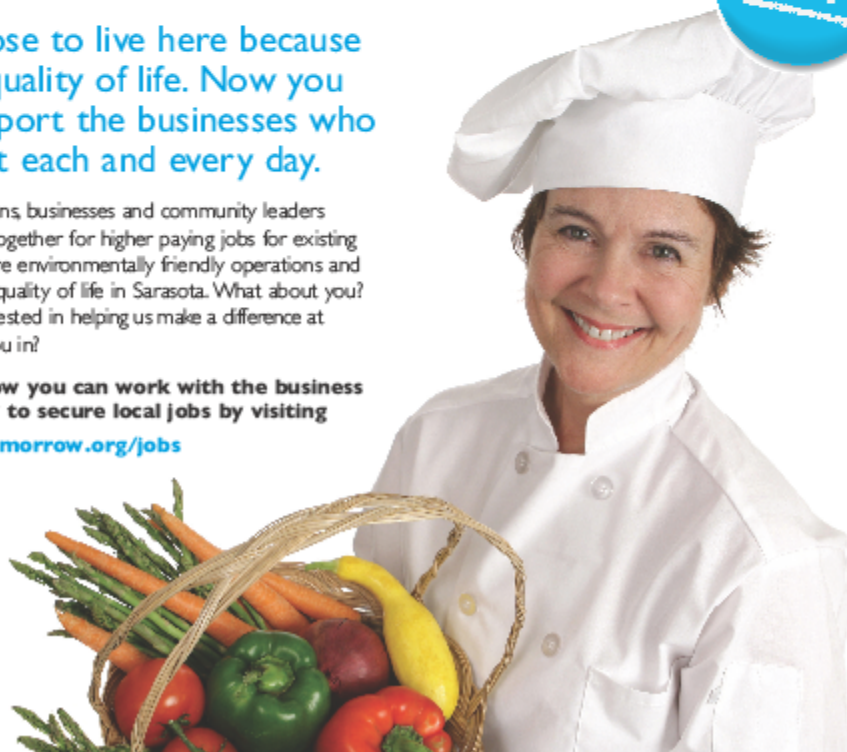
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Involved citizens, businesses and community leaders are working together for higher paying jobs for existing residents, more environmentally friendly operations and an improved quality of life in Sarasota. What about you? Are you interested in helping us make a difference at home? Are you in?

Find out how you can work with the business community to secure local jobs by visiting SarasotaTomorrow.org/jobs



Using Doctors Excuses

Emmitt Streat

If you have been battling to please your ungrateful boss by being present all the time, wishing that he might someday give you a raise or even just a nice compliment, well give up. Accept the truth. Some people are just undeserving of the awareness you are giving them. Irrespective of how you try and please them, they are never going to notice it. So, why exert effort when you could take a day off any time of the week? Yes, you can. There are now sites on the web that understand worker's predicament of having valid excuses not to go to work.

The owners of these sites solve your Problems by creating completely authentic looking fake notes like medical notes, jury duty notes and even notes from gynecologists. With these sites, you could have excuses not to go to work in an instant. Just make efforts to go to internet sites that permit customers to download the forms directly from their web-sites instead of emailing it. Waiting for the forms to be sent to you through e-mail might be disadvantageous because of the possible delays. Also, in searching for these forms, be sure to deal with sites promising the most benefits. If you're new to this, you continue to may not be aware of the glorious sites and the poor ones so better look for money back guarantees in all the internet sites.

You might spend tiny money just to have these excuses not to go to work but think about all the good an additional day off would do you. You may eventually get that much wanted rest and you do not have to fret about dealing with your boss. And wonderfully, you would be able to do that and more for less than \$15.

About the Author: Emmitt Streat is a [writer](#) and an entrepreneur. To learn more about writing fake medical excuses, visit his website. Need a few [doctors excuses](#) not to go to work?

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Business Edition 2010

Please join Lea Chapin, MS; Ed, Host of Radio Ear Network's "Inspiration from Spirit," as she begins her new series, "From Greed to Gratitude." It will air every third Monday at 9 am, EST, USA on "Innovation Bistro," with Host, Joseph Dobzynski.



Lea will share her intuitive guidance and spiritual wisdom to assist business owners in increasing company profits, by improving employee job performance and company productivity. You will learn the simple techniques any successful company uses, through living in integrity and being grateful... not greedy.

Join Lea as she brings forth her insight during these troubled economic times, on Radio Ear Network's, "Innovation Bistro."

Join Rev. Lea on March 15, 2010 on "Innovation Bistro" as she will discuss how greed has prevailed, both in our personal and in our business lives, and has directly affected the current global economy. Rev. Lea will share her wisdom on how each individual can make a difference in our current economic crisis by changing their attitude and thought form from **"Greed to Gratitude."**

She is the host of "Inspiration From Spirit," which can be heard on Radio Ear Network's Suncoast Station, www.radioearnetwork.com. Her show is broadcast LIVE on Tuesday 3 p.m. EST USA.

The studio call in number is 347-884-8019. You may call in to receive a complimentary, intuitive reading from Rev. Lea.

In 1993, Rev Lea began to receive divinely inspired messages from the Ascended Masters and Celestial/Angelic realm to help assist people who are in mental, emotional or physical distress, both personally and professionally.

Rev. Lea is available for both in-office and long distance spiritual consultations/readings.

To contact Rev. LeaLeachapin@verizon.net (727) 302-0437

Browse Lea's website: <http://www.celestialconnections.biz>



Rev. Lea Chapin MS, ED is a metaphysical teacher, medium and spiritual counselor. She is the author of the "Twelve Mastery Teachings Of Christ" published by Inner Circle Publishing Company. She is the host of "Inspiration From Spirit," which can be heard on Radio Ear Network's Suncoast Station, www.radioearnetwork.com.

Her show is broadcast on Tuesday 3 p.m. EST USA via pod cast on internet radio.

Rev. Lea has over 29 years as a spiritual counselor, teacher, and energy healing practitioner. In 1993 Rev Lea began to receive divinely inspired messages from the ascended Masters and Celestial/Angelic realm. In 2000 Rev Lea and her husband founded their own ministry, the Church of the White Light. Their mission is to empower all who deserve to awaken to their own divinity and find peace and joy in their lives.

Guidelines to Rise as A Motivational Speaker

Sarah Jose

The person who makes speeches in the public is called the speaker. From the response given by the public, the person will be characterized as, whether he is a good or bad speaker. A motivational speaker is a professional speaker who makes use of certain techniques to grab the attention of the audience. They are the ones, who inspires and motivates the audience through their speech.

Guidance to emerge as a motivational speaker:

Only the persons, who have spoken up in numerous public meetings and who do not have any stage fear could become a motivational speaker. So to become a motivational speaker, you should have spoken a lot in the public. The following are some of the guidelines which guide you to become an inspirational speaker.

1. Share your life experience: First, speak about your own life. List down the goals you have achieved in your life starting from college graduation, job, to come over bad habit or achieving some lifelong dream. Sharing your life experience with others shall be an inspiration for others.

2. Identify what you have to deliver: It's actually a fact that people listen to the life of only famous personalities. Even a common man can deliver an excellent speech, but the people should be ready to listen to it, for which you have to find out, how far your speech helps people in solving problems, to achieve their goals and to enhance their life condition.

3. Choose a leadership: Using an example to explain things works out in many places. So, while giving speech, try to choose some leadership as example, because people like to hire experts.

4. Get to know about your audience: First get to know about your audience and then you can deliver your speech. The audience can be characterized on the following categories such as age, gender, interests or any other traits that distinguish one group from other. So, once when you go to know about your audience, you shall start to deliver your speech.

5. Before making out speech, it is always good to write down your speech. Confidence, credibility and enthusiasm are the some of the characters which help you to succeed as a powerful speaker. Prepare and publicize materials through which you can promote your speech. You can invite some potential employers to see you speak or you could send them your materials. So, that after listening to your speech, the employers might approach you. When you promote your speech through materials, some [companies](#) can seek you to work for them.

Duties of a motivational speaker:

- Educate the listeners.
- Conduct seminars and workshops, encourage people to achieve their goals.
- Helps people to surpass their goals.
- Create and develop keynote speech to develop in a variety of venues.
- They make visit to schools, companies and to many organizations to deliver speech and talk. On the whole, they will motivate and inspire people.

About the Author: Being an expertise in writing articles, Sarah Jose has contributed articles related to [Motivational Speaker Consultant](#). Some interesting testimonials related to the well known speaker, Linda edgcombe, can be viewed here: [Hire Motivational Public Speaker](#). Check out some world class speakers regarding [Keynote Motivational Speaker](#)

News Briefs and Press Releases for the Global Community

[Fitness Trend Towards Online Personal Training Gets Real-World Weight Loss Results on FitOrbit.com](#)



Online personal trainers prove to be a real-world fitness solution. New survey conducted by FitOrbit.com in January 2010, reports three-quarters of users lose weight with monitoring and guidance from a real personal trainer online who delivers a customized workout and meal plan, on an individual basis, once a week.

[Demon's Cycle Announce Fully Custom Motorcycle for Those on a Small Budget](#)



Demon's Cycle asked themselves a question; Is it possible to build a brand new 100% custom chopper for under \$10,000? The answer is yes. Introducing the new Bobber Softail 200 Bike Kit, the quality custom bike for those who wish to fulfil their dreams of owning a custom chopper without breaking the bank.

[Free Teleclass Reveals the Little-Known Reasons Most Coaches Fail to Deliver—and Secrets to Success](#)



Master business coach and former top executive Lynda-Ross Vega and master personal coach and human psychology visionary Gary Jordan, Ph.D, will team up to host a free teleseminar aimed at exposing the reasons most coaching fails—along with simple, concrete strategies for success. The Top 3 Reasons Coaching DOESN'T Work and What You Can Do About It is for coaches and clients alike who want to stop wasting time and start creating transformational results.

[Start-Up Pioneers iPhone Apps for Less Than \\$300 For Cash-Strapped Businesses](#)



Founded by Stanford graduate and former Google employee Mark Otuteye, Push to Customers aims to allow businesses to create, publish and maintain their own branded iPhone or Android application - all for a fraction of the cost.

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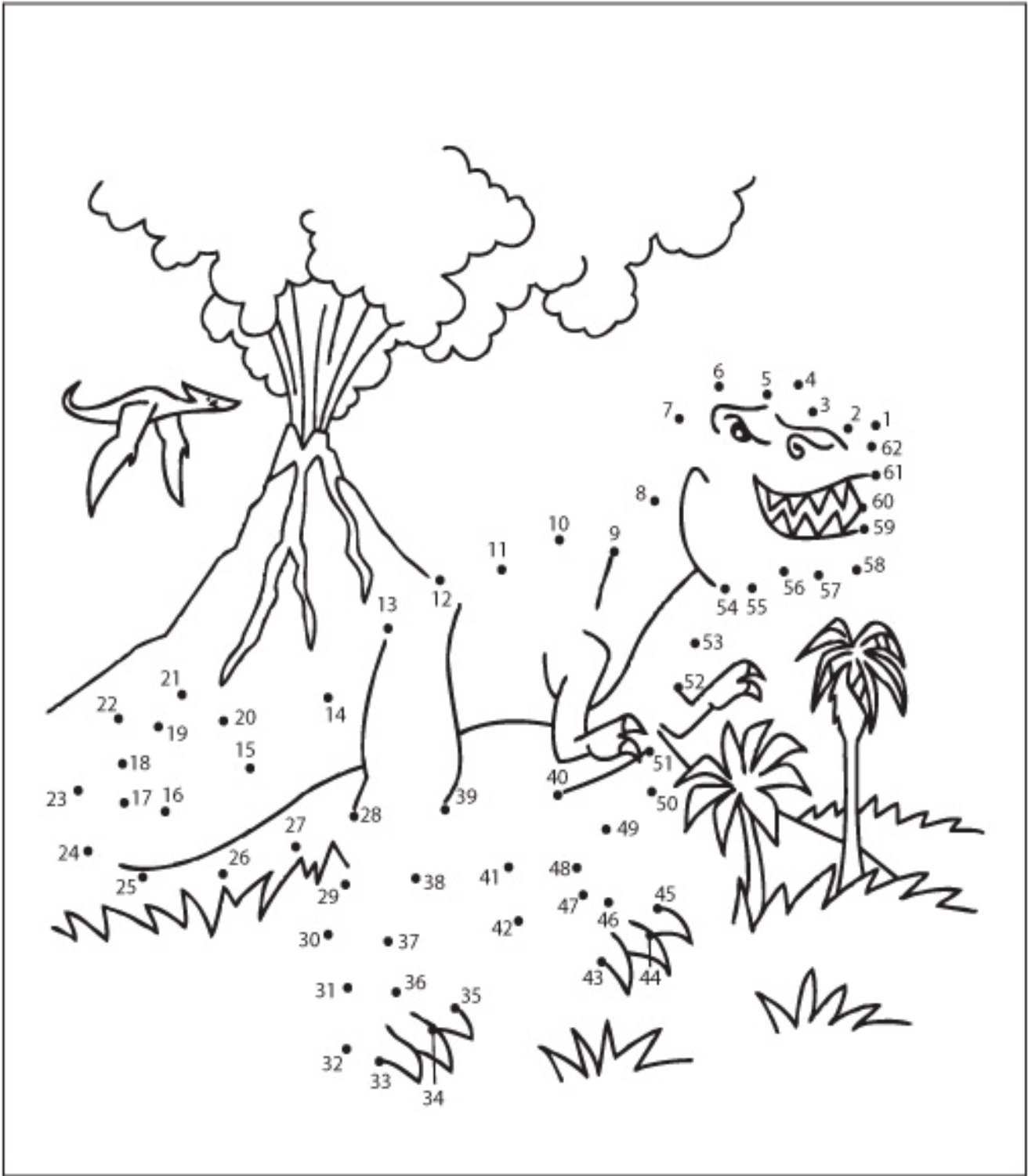
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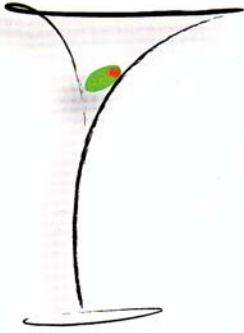


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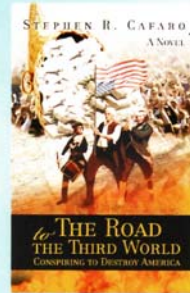
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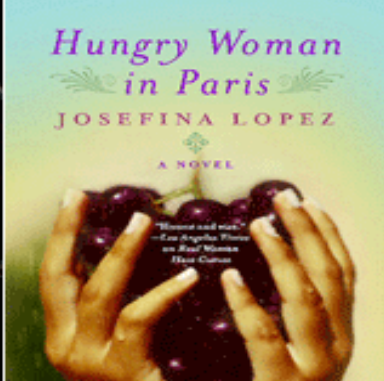
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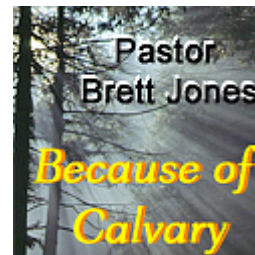
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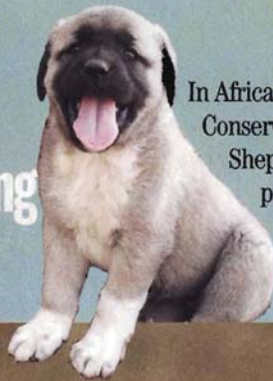
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From Greed to Gratitude

Rev. Lea Chapin MS, Ed

Today I will speak on the importance of integrity, and how a handshake used to be a gentlemen's agreement. Now contracts are not enough, and many people are looking out only for themselves, and do not care how they may hurt or affect another. This segment, From Greed to Gratitude, can be an eye opener to those who choose to live in integrity. In business and in one's personal life, what is your word if you do not have integrity or trustworthiness? Can someone trust your word, your character, without question? Many people speak from both sides of their mouth, but who do they really think they are fooling? Perhaps only themselves.

My focus is to help others understand that any successful business is not based solely on profits or losses; it is based on your word, your character, and your sense of trustworthiness. For example, look at the state that Toyota is in right now. Why do you think they are being exposed at this time? Perhaps, greed became their central focus, not consumer safety or the best interest of the consumer. Integrity, honesty and concern for the consumer are truly key to a lasting and successful business. Do the CEOs and stockholders need millions, or even billions, of dollars to feel successful? If that is the case, how sad indeed that they have compromised themselves for greed. Do we as a nation really want to support the greedy? Do we really need to buy all those products and services from businesses that could really care less about us? Look at how the pharmaceutical companies, the AMA and insurance companies exploit us – for what, greed? Why do we turn a blind eye to those who are using us and have no real concern for our welfare? Have we, too, become so selfish and greedy that we don't care about our fellow man, or even ourselves?

Most of us were taught early on in life to respect those in authority. Can we really trust those who say they have our best interest at heart? Our ancestors, as recent as my grandparents, would be shocked to see how the world has changed; self absorbed, greedy, ruthless, and no concern for their fellow man. In my grandparents' and parents' time, neighbors came together to help each other in times of need or crisis. Now people don't even know their neighbor, and most of us live separate, and miles away from our own family of origin. In reality, people are isolated, and a sense of community is a thing of the past. One of my favorite shows is Andy Griffith, for this tells my age. However, I love the sense of community they had in Mayberry, and the level of acceptance and love they had for each other. I wonder where our values, and our respect for our neighbors, our community, our country, and the world at large have gone. I know this does not apply to everyone, but I am just asking to examine the principles in which you were perhaps taught. Do you live by the Golden Rule – **Do unto others as you would have them do unto you.** Do you live by these principles, or are you in need of an attitudinal adjustment? As you look inside your heart and examine your beliefs, your motives, and how you live your life, are you proud of that which you hold as your own basic principles of love, kindness, compassion and consideration for your fellow man? Perhaps if we return back to the simpler life, where we didn't need so much in our lives, and relied on God, our family, and our own sense of purpose and direction, perhaps peace can truly prevail upon this planet.

I believe the current global economic crisis can truly be healed by one person at a time. As each person makes a conscious effort to give what they can, regardless if it is just a smile, a handshake, the concern for your fellow man is truly healing on so many levels. Just as the Haitian earthquake has brought out our love and compassion for our fellow man, it is during these times of crisis that we are able to be the best that we can be. Therefore, realize the current economic crisis has a purpose – and all the earth changes and natural disasters have a purpose. It has helped us to open our hearts to our brothers and sisters, and in this generosity, we are learning to be grateful, not greedy. But first learn to live in gratitude for what you have been given, and what you are able to give and you will have a truly successful personal and professional life.

This segment of the Business Edition, "From Greed to Gratitude," will be heard on Radio Ear Network's Innovation from Bistro, with host Joseph Dobzynski on Monday, March 15, 2010 at 9am EST USA.

Rev. Lea Chapin MS, Ed is a metaphysical teacher, medium and spiritual counselor. She is the author of the "Twelve Mastery Teachings of Christ" published by Inner Circle Publishing Company. She is the host of "Inspiration From Spirit," which can be heard on Radio Ear Network's Suncoast Station, www.radioearnetwork.com. Her show is broadcast LIVE on Tuesdays 3 PM EST USA on internet radio. To receive a complimentary channeled message from one of the Ascended Masters or the Celestial Realm you may call in during the show at the studio call in number 347-884-8019

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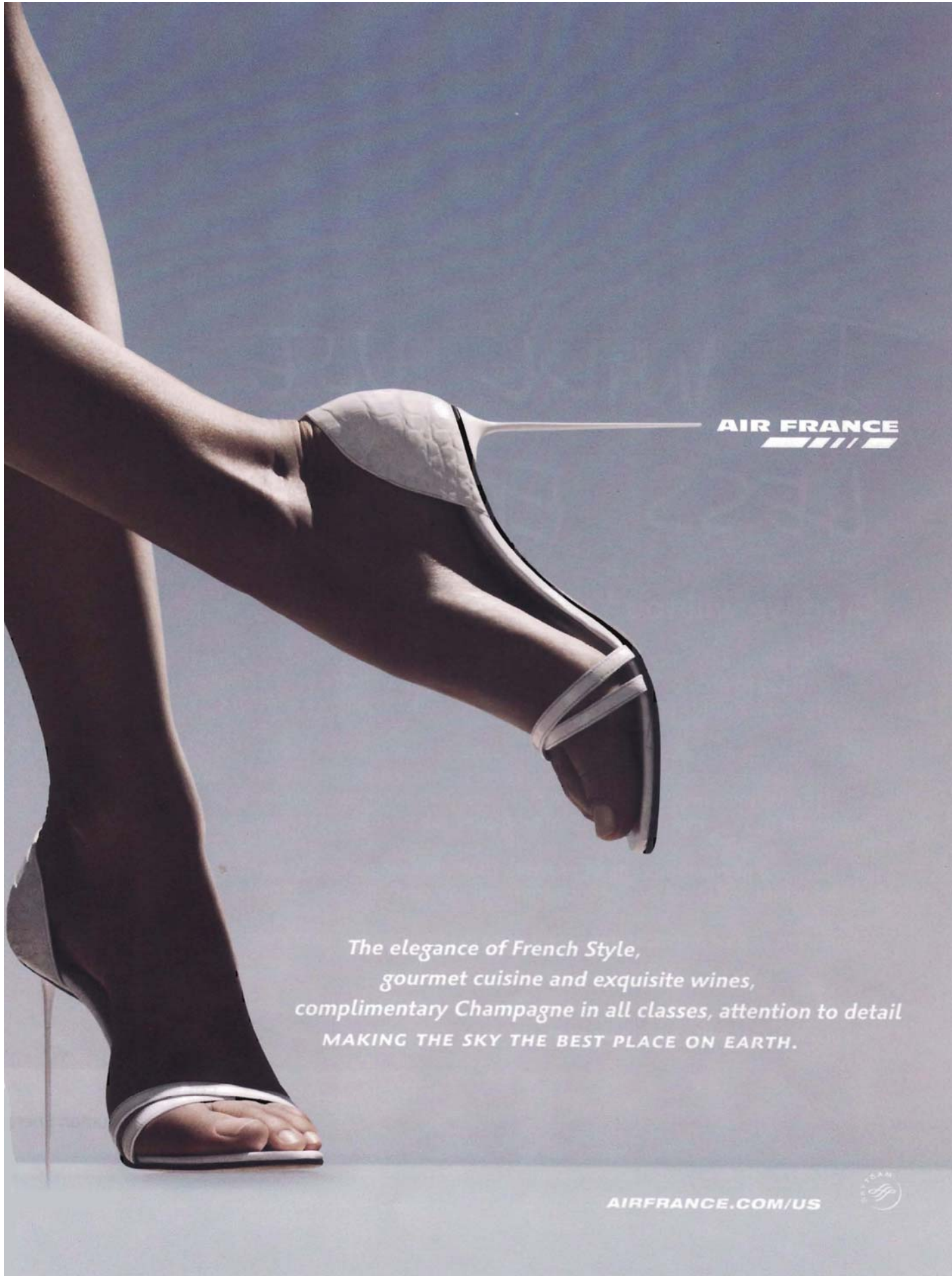


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